

FOR FAMILIES:

What is Lighthouse?

Lighthouse is a program designed to help students become more successful in school. It is a small classroom with at most 8 students at a time. The students who come to Lighthouse are in middle school and high school. Each student chooses to join the classroom voluntarily for 6 weeks and then transitions back to their home school.

The classroom has a teacher, teaching assistant who help students with work from their home school and build skills to become a better student. The classroom also has a social worker who provides therapy and helps students build skills to manage the social and emotional challenges that come with going to school.

What is the academic part like?

At Lighthouse, our goal is to help students gain academic confidence, learn executive functioning skills, and to focus on the goals set by both the home school and the students. All academic work comes from the students' current teachers and is returned to them for grades. With the support from our classroom teacher and teacher assistant, students progressively begin to work independently on their goals. The program includes approximately 3 academic hours of study, and 40 minutes a day participating in specials such as Art, Music, and Library. Additionally, students will participate in Physical Education, 3 times a week and will receive credit for their full participation.

What is the therapy part like?

Students will work with a social worker in individual and group counseling. The counseling is focused on building skills to make school better for them. That could mean skills to help handle anxiety and stress, create better relationships, increase motivation to do school work and help students feel more at ease navigating the tough stuff at school. The social worker is in the classroom throughout the day to support healthy interactions between the students, create and maintain a safe environment for the students, and be available for students' emotional wellbeing as challenges arise.

How much is the family involved?

Families are involved from the beginning to the end. Families will be updated during the week on their student's progress in the program, the challenges the student may be having and ideas for supporting their student at home. Families will also receive community resources available to support their child beyond the walls of school.