

## POSSIBILITIES PROGRAM

2022-23

### CONSULTATION/PROFESSIONAL DEVELOPMENT REQUEST

Please scan/email the completed form to Cathryn Sellers, Possibilities Program Director at [cathryns@racker.org](mailto:cathryns@racker.org)

**Person Completing Request:**

**Role:**

**Phone:**

**Email:**

#### **Reason for Consult Request:**

- Lamplight Consultations:** Participating schools can request an on-site/virtual consultation to explore new approaches and resources to support a student who may be struggling with social and /or emotional challenges that interfere with school success. Consultations may happen independently or with parent input. Consultations are targeted, specific and site-based. *\*Please note if information is to be shared with us that falls under HIPPA/FERPA protection, we will require our normal consents and ROI's.*
- Onsite Strengths--Based Observations** of classrooms, grade levels and/or schools: Possibilities Specialist can observe a classroom, grade level or any school setting and then share insights with the school team through a solution focused approach. A Possibilities Specialist will work collaboratively with school teams to develop new strategies to inspire positive change.
- Whole School/District Collaborative Planning to Support Positive School Culture:** Possibilities staff can support a collaborative, solution-focused planning process to create and/or support learning environments that are trauma-responsive, restorative, and resilient. These consultations can be with administrative teams, classroom teams, grade levels or school-wide in scope.
- Possibilities Office Hours:** Possibilities Specialists can be available for single or regularly scheduled meetings for support and consultation on a regular basis. This could be district-wide or building-focused.
- Professional Development:** Possibilities staff offer training and capacity-building on a variety of topics including Trauma- Responsive Education, Building Resilient Classrooms and Schools in Challenging Times, Staff Self-Care and Resilience, Mindfulness in the Classroom, Solution-Focused Methods for Schools, Suicide Awareness, Prevention and Postvention as well as site-specific needs identified by the district. We continue to expand and grow our services to meet district needs and other training can be developed as needed
  - **Individualized Training**
  - **Learning Communities** (4–6-week series on-site series):

#### **Please provide details on your specific need:**

Please contact Cathryn Sellers, Possibilities Program Director at 607-257-1551 ext. 5046 with any questions.

Revised: 9/27/2022